



## Prayer Letter for March 2026

### POPE'S PRAYER INTENTIONS

Pope entrusts his Worldwide Prayer Network each month with prayer intentions that express his great concern for humanity and for the mission of the Church. His monthly prayer intention is a worldwide call to transform our prayer into specific actions; it is a compass for a mission of compassion for the world.

#### Pope's Prayer Intention, March 2026:

*For disarmament and peace:* Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

### MONTHLY PRAYER, MARCH 2026

In the name of the Father,  
and of the Son, and of the Holy Spirit. **Amen.**

Lord of Life,  
you shaped every human being in your image and likeness.  
We believe you created us for communion, not for war,  
for fraternity, not for destruction.

You who greeted your disciples saying, "Peace be with you,"  
grant us the gift of your peace  
and the strength to make it a reality in history.  
Today we lift up our prayer for peace in the world,  
asking that nations renounce weapons  
and choose the path of dialogue and diplomacy.

Disarm our hearts of hatred, resentment, and indifference,  
so we may become instruments of reconciliation.  
Help us understand that true security  
does not come from control fuelled by fear,  
but from trust, justice, and solidarity among peoples.

Lord, enlighten the leaders of the nations,  
so they may have the courage to abandon projects of death,  
halt the arms race,  
and place the lives of the most vulnerable at the centre.  
May the nuclear threat never again dictate the future of humanity.



Holy Spirit,  
make us faithful and creative builders of daily peace:  
in our hearts, our families,  
our communities, and our cities.  
May every kind word, every gesture of reconciliation,  
and every choice for dialogue be seeds of a new world.  
**AMEN.**

### **DAILY OFFERING PRAYER**

Good Father, I know you are with me. Here I am on this new day.  
Place my heart once more with the Heart of your Son Jesus,  
who gives himself for me and who comes to me in the Eucharist.  
May your Holy Spirit make me his friend and apostle,  
available for his mission of compassion.

I place in your hands my joys and hopes,  
my works and sufferings, everything that I am and have,  
in communion with my brothers and sisters  
of this Worldwide Prayer Network.

With Mary, I offer you my day for the mission of the  
Church and for the prayer intentions of the Pope  
and my Bishop for this month. **AMEN.**

### **ATTITUDE OF THE HEART**

*Renounce weapons and confrontation in favour of dialogue*

Become instruments of peace.

True peace is born from a reconciled heart.

Sowing peace in the world begins by living peace in everyday life.

The disarmament that transforms nations begins with inner disarmament.

(Cf. Step 3, *The Way of the Heart* - Choosing paths of life. Rejecting what leads to death).

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